

Therese Shaniah Polido

Objectives:

Motivated aspiring veterinarian that is seeking a challenge and willing to gain further knowledge and hands-on experience within a collaborative environment.

Contact:

- 800 Continental Drive, New Brighton, MN 55112
- Phone Number: 651-207-3488
- Email Address: Politherese1803@gmail.com

Education:

Mounds View High School

- 1900 Lake Valentine Rd, Arden Hills, MN 55112
- Diploma, 3.883
- September 2018 – June 2022

Metropolitan State University, St. Paul

- 700 7th St E, Saint Paul, MN 55106
- Bachelor of Science in Biology
- August 2022 – Present

Work Experience:

Presbyterian Homes and Services, Eagle Crest

- 2945 Lincoln Drive, Roseville, MN 55113
- May 2021 – September 2021
- Server
 - ❖ Served food to the residents.
 - ❖ Ensuring that the environment is clean and organized.
 - ❖ Preparing tables for the residents.
 - ❖ Delivering food for the residents.
 - ❖ Keeping track of residents who were present during lunch or dinner.

Dogtopia of Roseville

- 2216 County Rd D West Unit R, Roseville, MN 55112
- September 2022 – April 2024
- Canine Coach/Rover/Bather/Closing and Opening Lead
 - ❖ Managing playrooms.
 - ❖ Keeping the room clean and organized.
 - ❖ Ensuring a playful environment.
 - ❖ Training dogs.
 - ❖ Preparing and serving breakfast, lunch, and dinner to dogs.
 - ❖ Managing and keeping track of their feeding and medication intake records.
 - ❖ Leading what needs to be done before opening and closing.
 - ❖ Bathing
 - ❖ Nail Trimming
 - ❖ Teeth Brushing
 - ❖ Ear Cleaning
 - ❖ De-shedding

Skills

- Customer Service – 2 years
- Bathing – 1 year
- Ear Cleaning – 1 year
- Nail Trimming – 1 year
- De-Shedding – 6 months
- Laboratory Experience (School)
- Data Recording through Microsoft Excel and Word
- Communication Skills
- Problem-Solving
- Teamwork/Collaboration

- Time Management
- Fast Worker
- Leadership
- Attention to details
- Bilingual – Filipino and English

Achievements/Certification:

- High School Diploma
- Class D – Driver’s License
- High Honors (June 2022, High School)
- President of the Asian Student Organization (2024 – 2025)

Activities

- Badminton Club (March 2022 – May 2022, High School)
- Hosted Lunar New Year for Asian Student Organization (February 29th, 2024)
- MC for the Asian Heritage Event at Metropolitan State University